

April 2024 SWCC Newsletter

Good Afternoon,

I hope this very early April newsletter finds you all well and enjoying the slightly improved weather. Better weather means more cycling and there are plenty of events coming up as you will see below...

The SWCC Easter Special 100-mile ride with two café stops on **Sunday 31st March** organised by Club Captain, Dan Simpson. There will be two rides to choose from both starting from the Marketplace, Sleaford and following the same route. Mark Taylor's group will be setting off at 8:45 am and aiming for around 16mph. Dan's group will be setting off at 9:00am and aiming for around 18mph. This will be the first official ride where you will be able to ride your summer bike with no mudguards!

Focus Rides MTB CX Series 2024. Focus Rides will be running a four round Mountain Bike cross country race series this year, starting at North Willingham on Sunday 31st March. All abilities and ages are welcome as long as you can ride a bike without stabilisers in a controlled manner and are comfortable riding on rugged ground. Once again, this series will be the base for the **SWCC MTB Championship** and another chance to win trophies. For further details and to book your place, please click here: <https://www.riderhq.com/events/p/yog988sh/f/round-1-north-willingham>

TLI Road Circuit Racing Series 2024

This year there will be 5 races in the series across 3 circuits run under TLI rules. You will need a TLI licence from <https://www.tlicycling.com/membership/> before you can enter each event.

1. **Wednesday 24th April 18:45 at Ashby de la Launde. Hosted by SWCC. HQ: Digby War Memorial Hall LN4 3YJ.** <https://www.riderhq.com/events/p/fmwdtcbf/f/ashby-road-race>
2. Wednesday 22nd May 18:45 at Brattleby.
3. Wednesday 19th June 19:00 at Great Limber.
4. **Wednesday 17th July 19:00 at Ashby de la Launde. Hosted by SWCC. HQ: Digby War Memorial Hall LN4 3YJ.**
5. Wednesday 14th August 18:30 at Brattleby.

The first and fourth of these events will be hosted by **SWCC** and Dennis will be needing a number of volunteers to help out with marshalling. If you are able to give up a few hours to help out at either of these two events, please contact **Dennis Owen on 07783 455932**. Volunteers would need to be at the **Digby War Memorial Hall at 6:30pm**. All offers of help greatly appreciated.

SWCC Early 10 – Please note the **revised times** for booking in for this event.

The first Time Trial of the season is “**The Early 10**” on Sunday 7th April at 10.00 am. **For this event you will need to book in from the Wednesday morning until 11:59pm on the Friday before the event using this LINK.** Payment to be made on the day. Entry is £4.00 for adult members, £3.00 for members under 18 and £5.00 for all non-members. Please do not book before the Wednesday as your booking will not be accepted.

SWCC 7mile League Round 1 on Thursday 11th April - The first of our Thursday evening TTs.

Please see the attached document for details. **But please note** that booking via the [LINK](#) will open at **midday on the Saturday and close at 11:59pm on the Tuesday before this event.** The booking for all future evening events will be as stated on the attached document.

All SWCC Time Trials are run under CTT rules and regulations and are open to all members and non-members 12 years and over. All under 18s will need to submit a CTT Parental Permission Form before competing. [Click here](#) for a form.

If you haven't taken part in a time trial before, please click [here](#) for information about time trialling.

SWCC Evening Social Rides Coming Soon.

Kerri is organising a series of Wednesday evening social rides once a month starting on **Wednesday 8th May**. There will be two or three groups (depending on numbers and availability of ride leaders) starting at the Horseshoes at 6:00pm and finishing at the Horseshoes around 7:30pm. There will be an option for pub food following the ride which will need to be booked through Kerri, in advance. Details to follow.

Dates of events coming up soon....

SWCC Easter Special 100mile rides on Sunday 31st March from the marketplace. See above.

Focus Rides Mountain MTB CX starting on 31st March. See above.

SWCC Ladies' Rides on Saturday 6th April at 9:00am from the Horseshoes.

SWCC Early 10 on Sunday 7th April at 10:00am. See above.

SWCC 7mile League Round 1 on Thursday 11th April at 7:00pm. See above.

SWCC 7mile League Rd 2 on Thursday 18th April see attached document for booking details.

TLI Road Race on Wednesday 24th April at Ashby. See above.

SWCC Ladies 7mile TT on Thursday 25th April at 7:00pm. This will be a ladies Only Time Trial and ideal for any ladies who haven't taken part in a time trial before. Please see the attached TT documents for booking details. **"Booking in" via the link on the document will be from the Friday morning until 11:59pm on the Tuesday before the event.**

SWCC Evening Social Ride on Wednesday 8th May at 6:00pm from the Horseshoes. See above.

SWCC 10mile League Rd 1 on Thursday 2nd May at 7:00pm. See attached for booking details.

SWCC Ladies' Rides on Saturday 4th May at 9:00 from the Horseshoes.

SWCC Night Rides on Tuesday or Wednesday evenings throughout April at 6:15pm from the Horseshoes.

SWCC Sunday Rides from the Marketplace in Sleaford starting promptly at 9.15am. Usually two groups out, sometimes three.

SWCC Go Ride for our younger members on Tuesday evenings at Sleaford Rugby Club from 6:30pm.

The next **SWCC Committee Meeting** will be on Monday 15th April. If you have any questions, comments or suggestions please get in touch with me or any member of the committee.

That's all for now,
Happy cycling and see you soon,
Kind regards
Julie