

To all Members of SWCC 2024

Good afternoon,

Following a very successful signing on evening at the end of January we are pleased to tell you that 131 of you have now signed up as members of SWCC for 2024. So, looking ahead and hoping that some better weather is on the way, the committee and reps have been busy putting together a programme of events for the coming year....

Firstly, **this Saturday, 24th February**, the **SWCC Bike Maintenance Workshop** is taking place from 9.15am – 12.00 midday, in the village Hall at Silk Willoughby. This is a **free event open to all members of SWCC** organised by Gav Culshaw. Areas to be covered during the session include mending punctures (not tubeless); preparing for a ride; checking brakes; basic tools; chain repair and dealing with a snapped gear cable.

This will be a practical session with some tools, wheels etc available but it would be helpful if those attending could bring along a wheel and some basic tools **if possible**. Some protective gloves may also be a good idea!

Tea, coffee and biscuits will be provided - donations to our charity optional.

Club Time Trial Events for 2024.

Gaz Wheelwright and Richard Hamblin have put together a full programme of club time trials for 2024, with all the usual club TTs on offer, starting with the Early 10 (see below) and including the 7 league, the 10 league, two ladies only 7s, the Road Bike Championship, the Championship 10 and of course the very popular SWCC Hill Climb.

***Please see the two attached documents for details and dates of the club time trial events for the coming year and please note that the “booking in” process is a bit different to last year so please read the details carefully! All dates and details will also be on the club website very soon.**

If you have any questions about our Time Trials, please contact Gaz Wheelwright.

All SWCC Time Trials are run under CTT rules and regulations and are open to all members and non-members 12 years and over. All under 18s will need to submit a CTT Parental Permission Form before competing. [Click here](#) for a form.

The first Time Trial of the season is **“The Early 10”** on Sunday 7th April at 10.00 am. **For this event you will need to book in from the Wednesday morning until midday on the Saturday before the event using this [LINK](#).** Payment to be made on the day. Entry is £4.00 for adult members, £3.00 for members under 18 and £5.00 for all non-members.

If you haven't taken part in a time trial before, please click [here](#) for information about time trialling.

SWCC Sunday Club Rides

We are delighted to tell you that Hellen Bullement and Gav Culshaw have kindly volunteered to be club ride leaders, and both have now been added to the club's list of Registered Ride Leaders with Cycling UK.

It is hoped that as the weather improves, we will be able to offer a full range of Sunday Club Rides to cater for the different abilities of our club members. While it isn't always possible to cater for everyone's needs, the more Ride Leaders we have the more likely there is to be a "ride for all". If you are interested in becoming a **SWCC Ride Leader** please get in touch with Dan Simpson, any member of the committee or me.

Cycling UK have produced a **Handbook for Ride Leaders** ([click here](#)) which might be useful if you are thinking about volunteering as a ride leader.

Grange Spa Sportive – Update

If you are thinking about entering this local sportive on 2nd June 2024 the organisers have now offered a £5 discount to all members of SWCC. To book your place please go to [The Grange Spa Sportive Website](#) choose either 20, 55 or 87 miles and use the code **SWCCSocial** for your £5 discount.

Castles Rides -Saturday 30th March

Want something different? This year's National Clarion's annual Easter Meet is based at Newark and two rides (100 miles and 100 km) are being organised on Saturday 30th March starting from the YMCA Community & Activity Village, Lord Hawke Way, Newark, NG24 4FH. The Castles Rides take in Belvoir, Lincoln and Newark castles, with the addition of Torksey for the longer ride. Just £5 per rider. A gpx route will be emailed to all riders. Full details can be found at clarion.org/events. Registration by 23rd March. Payment is through [National Clarion Online Shop](#). The organisers welcome riders from Sleaford Wheelers and certainly Dave and Kath will be riding. Should be a great day for all, hope to see some of you there.

SWCC Social Events

Kerri Foster and Fi Lindley have taken on the roles of Social Reps for the club and are busy planning a variety of fun activities for all members and their families to take part in throughout the coming year. If you have any suggestions, not necessarily cycling related please get in touch with either Kerri or Fi.

Club Events Coming Soon...

SWCC Bike Maintenance Workshop on Saturday 24th February at 9.15am – details above.

SWCC Reliability Ride on Sunday 25th February, starting at 9.15 from the Marketplace, Sleaford.

SWCC Ladies' Rides on Saturday 2nd March starting at 9.00am from the Horseshoes and calling at the Hut in Swaton. Three groups to choose from, so something for everyone.

SWCC Reliability Ride on Sunday 10th March starting at 9.15 from the Marketplace, Sleaford.

SWCC Committee Meeting on Monday 11th March at 7.30pm. If you have any comments, questions or suggestions please get in touch with any member of the committee.

SWCC Ladies Social Rides on Saturday 6th April starting at 9.00am from the Horseshoes and calling at the Hut in Swaton. Three groups to choose from, so something for everyone.

SWCC Early 10 on Sunday 7th April at 10.00am. details above.

SWCC 7 League round 1 on Thursday 11th April at 7.00pm. Details attached.

Regular Club Events

Sunday Club Rides from the Marketplace in Sleaford starting promptly at 9.15am. Usually two groups out, sometimes three.

Night Rides Tuesday or Wednesday evenings throughout March, weather permitting.

Go Ride for our younger members on Tuesday evenings from 6.30pm at Sleaford Rugby Club.

That's all for now,
Happy cycling and see you soon,
Kind regards
Julie