SLEAFORD WHEELERS GO-RIDE CODE OF CONDUCT FOR COACHES, PARENTS AND PARTICIPANTS

AS COACHES WE WILL:	AS PARENTS/GUARDIANS AND RIDERS YOU WILL:
Treat riders, parents and others with respect at all times	Treat coaches, race officials, parents and other riders with respect at all times
Be fair, honest and considerate to riders	Recognise and accept that decisions of race officials are final
Promote the welfare and best interests of riders	Accept the reasonable discipline of riders by coaches and race officials
Be aware of the needs of riders and deliver coaching and training appropriate to their needs	Advise coaches of any factors which may affect your child (whether temporary o permanent) and their ability to participate in the coaching session(s)
Recognise the right of riders to be treated as individuals and not discriminate on grounds of gender, age, ability or in any other way, nor allow others to do so	Recognise that coaches are in charge and control of coaching sessions and racofficials are in charge of and control competitive events
Be a positive role model for riders	Recognise that whilst attending competitions you are representing Sleaford Wheelers Cycling Club and that your behaviour reflects on the Club
Display high standards in the use of language, manner, punctuality, preparation and presentation	Display high standards in the use of language and manner and encourage you child to do the same
Not engage in behaviour that constitutes any form of abuse to any person	Not engage in behaviour that constitutes any form of abuse to coaches, riders o others
Not drink alcohol, smoke, or use recreational drugs whilst coaching or attending/promoting competitions	Not drink alcohol, smoke, or use recreational drugs whilst attending coaching sessions or competitions
Ensure the coaching environment is as safe as possible, minimising possible risk	Ensure the bicycle being used is in good, safe, working order and the rider's helmet is properly fitted
Plan sessions so they meet the needs of riders, and are progressive and appropriate	Inform coaches as soon as possible if your child is unable to take part in any planned competitive or social activity
Inform riders/parents/guardians of any potential costs involved in coaching services offered	Inform coaches or other Club officials of any changes to the contact information supplied
Inform parents as soon as possible of any changes to or cancellation of coaching sessions including through the use of social media	Recognise that information regarding coaching activities (cancellation etc) canno always be delivered to each parent/guardian individually
Comply with the requirements of British Cycling in the delivery of coaching sessions	Contact relevant coaches/welfare officers in the first instance regarding any concerns regarding the delivery of coaching sessions

Signed	Dated
Name of Child	