



# SLEAFORD WHEELERS



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## SLEAFORD WHEELERS MEMBERSHIP FORM 2022

For membership until Jan 31<sup>st</sup> 2023

### PERSONAL DETAILS

- I do  I do not ----- wish my contact details to be passed on to other members  
 I do  I do not ----- wish Photographic Images of me to be used by the club.

<b>Name</b>		
<b>Address</b>		
<b>Telephone</b>	Home	Mobile
<b>Email</b>		
<b>DoB</b>		
<b>Emergency Contact</b>		
<b>Medical Information</b>		

**MEMBERSHIP TYPE** – Please note You can only be a 1<sup>st</sup> Claim member of one club/team affiliated to Cycling Time Trials; if you are a member of another club affiliated to the CTT you must declare which club is your 1<sup>st</sup> claim and can only make one change in any one season.

<b>1Yr</b>	<b>Type</b>
20.00	Senior Riders - 1 <sup>st</sup> claim
10.00	Senior Citizen (statutory pension age) – whether competing, club riding or otherwise
40.00	Family membership – up to 2 adults + all children under 18 in full-time education - 1 <sup>st</sup> claim
10.00	Junior Riders (16-17 years inclusive) - 1 <sup>st</sup> claim
10.00	Juvenile Riders (under 16) - 1 <sup>st</sup> claim
5.00	Social (non-riding) members
10.00	Second claim – name of 1 <sup>st</sup> claim club:

### Cheques to be made payable to Sleaford Wheelers CC please

Please send forms and payment direct to: **Julie Close, 38 High Street, Helpringham NG34 0RA**

Payment by BACS Sort Code 30:97:70 Acc No 00999739 (use Yourname Member as ref)

Any queries regarding membership please contact the Secretary: 07747 500289 [julie@chris-close.com](mailto:julie@chris-close.com)

### DECLARATION

I declare that I have read and understand the rules and regulations of the Sleaford Wheelers Cycling Club ('the Club'). I undertake to abide by those rules. I understand that I participate in club events, whether on or off the public highway, entirely at my own risk, and that no liability whatsoever shall attach to the promoter of the event, any officials or members of the Club for any injury, loss or damage suffered by me, however caused.

Signature..... Date .....

### Signature of parent/guardian for members under 18 years:

I confirm my consent to the above rider participating in events organised by the Club in accordance with these conditions:

Signature..... Date .....



Name of parent/guardian.

**The club strongly advises that all members obtain personal third-party insurance; Sleaford Wheelers are affiliated to Cycling UK which members can now join at a reduced fee. Details on the website.**

## **SLEAFORD WHEELERS CYCLING CLUB Constitution, Rules and Regulations 2017**

1. The club shall be known as Sleaford Wheelers Cycling Club
2. The purposes of the Club are to promote cycling and community participation in the sport in and around Sleaford and the surrounding area
3. The Club colours shall be in a design approved by the Committee and members shall (where practicable) wear Club colours at all times and particularly when representing the Club in an event
4. Membership and Subscriptions
  - 4.1. Membership shall be open to anyone interested in the sport regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs
  - 4.2. Limitation of membership according to available facilities is allowable on a non-discriminatory basis
  - 4.3. The Club may have different classes of membership and subscription on a non-discriminatory and fair basis, and shall keep subscriptions at levels which will not pose a significant obstacle to members in so far as this is possible
  - 4.4. Club membership shall be from 1st February to 31st January in the following year; any person joining on or after 1st October shall not be required to re-subscribe for the following year. Any person failing to renew their membership by the end of February shall cease to be a member of the Club from that date
  - 4.5. Club subscriptions for the forthcoming year shall be decided at the AGM or by the Committee
  - 4.6. The President and Vice President(s) together with those members over the age of 80 years shall be Honorary Members and no payment shall be required
  - 4.7. Family membership shall be open to a maximum of two adults and all children under 18 years of age (or in full time education) living together as a household; the family may join either as first claim or second claim but all members within the household must have the same level of membership
  - 4.8. The Committee may refuse membership, or remove it, only for good cause and in the event that the conduct of any member is considered detrimental to the interests of the Club, the Committee may make such decision(s) as considered necessary; appeal against refusal for membership or removal of any member may be made to an appointed panel consisting of Club members
5. Annual General Meeting (AGM)
  - 5.1. The Club shall hold an AGM once in every calendar year (to take place no more than 15 months following the previous meeting)
  - 5.2. Members wishing to put forward motions to the AGM shall give notice in writing to the Secretary at least 14 days before the AGM
  - 5.3. Notice of the AGM shall be delivered to all members at least 7 days before the meeting; all fully paid up first claim members shall be eligible to vote and stand for election as Officers of the Club; second claim members may not vote but may serve on the Committee in other capacities
  - 5.4. A Committee consisting of a Chair, Treasurer and Secretary shall be elected at the AGM all of whom shall serve until the next AGM; additional Committee members may be elected at the AGM or co-opted by the Committee
  - 5.5. At the AGM the Treasurer shall produce accounts of the Club for the latest financial year audited as the Committee shall decide; the Secretary (together with other persons as agreed by



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the Committee) shall present a report on the Club's activities since the last AGM; such accounts and reports shall be made available for inspection by any member of the Club

5.6. The members will appoint a suitable person to audit the accounts

5.7. The members present shall discuss and vote on any resolution and deal with any other business put to the meeting

6. An Extraordinary General Meeting (EGM) shall be called by the Secretary within 14 days of a request to that effect from the Committee or on the request in writing signed by not less than 12 members; the Secretary shall give written notice to all members that the EGM shall be held (at a place decided upon by the Committee or in default by the Chair) on a date not less than 14 nor more than 21 days from the date of issue of that notice

## 7. Committee

7.1. The Club shall be administered by a Committee as set out in clause 5.4 above and shall consist of a minimum of three and a maximum of 12 persons (including elected Officers)

7.2. Any Committee members may be re-elected or re co-opted without limit

7.3. The Committee shall have responsibility for the management of the Club, its funds, property and affairs and shall have due regard for the law on disability discrimination and child protection

7.4. The property and funds of the Club cannot be used for the direct or indirect private benefit of members other than as reasonably allowed by these Rules

7.5. The Committee shall have the authority to settle any matter not provided for in the Rules or Regulations and to introduce such new Rules and Regulations as they may think necessary and all members shall abide by those decisions in events (or on Club runs) organised by the Club

## 8. Sub-Committee

8.1. The Committee may delegate any of their functions to one or more sub-committees and shall specify the scope of its activities and powers, the extent to which it may commit funds of the Club, its membership and its duty to report back to the Committee

8.2. The Committee may wind up a sub-committees at any time or change its mandate or operating terms

## 9. Committee Meetings - The Committee may decide its own way of operating and in default the following rules shall apply:

9.1. At least three Committee members must be present for the meeting to be valid

9.2. All meetings shall be held face to face

9.3. A resolution in writing signed by (or otherwise agreed by) every Committee member shall be valid without a meeting

9.4. Meetings shall be presided over by the Chair or such other person as shall be agreed by the Committee

9.5. Decisions shall be by simple majority and all Committee members shall have one vote except the Chair, who may only have a casting vote on a tied decision

9.6. The Club's President, Vice President, BC and CTT representatives all be entitled to attend and vote at committee meetings; all other members may attend such meetings but may not vote

9.7. A Committee member having a personal interest in a matter to be discussed at a meeting shall declare that interest and withdraw from that part of the meeting (unless asked to stay) and may not be counted in the quorum for that agenda item; the member shall withdraw during any vote and may not vote on that matter

9.8. Records of club meetings shall be made available for inspection by any Club member

## 10. Powers of the Committee - The Committee shall have the power (strictly to advance the purpose of the Club consistently with these Rules and the general law) to:



- 10.1. Acquire and provide grounds, equipment, coaching, training and playing facilities, club house, transport, medical and related facilities
  - 10.2. Provide coaching, training, medical treatment and related social and other facilities
  - 10.3. Employ and engage other persons to provide services
  - 10.4. Take out insurance for the Club, contractors, guests and other third parties
  - 10.5. Raise funds by appeals and subscriptions
  - 10.6. Buy, lease or license property and sell, let or otherwise dispose of the same
  - 10.7. Make grants and loans and provide other benefits
  - 10.8. Set aside or apply funds for special purposes or as a reserve
  - 10.9. Deposit or invest funds in any lawful manner
  - 10.10. Co-operate with or affiliate to any bodies regulating or organising the sport of cycling (or any club or body involved with it) and Government and related agencies
  - 10.11. Do all other things reasonably necessary to advance the purposes of the Club including the promotion of such racing and social events as shall be decided at the AGM or by the Committee
11. The Club shall hold a prize presentation event each year. Members shall keep any trophies belonging to the Club in a clean condition and shall return these to the designated official on request; an individual ceasing to be a member of the Club shall be entitled to attend the annual prize presentation and receive any trophy due to him/her, the trophy being returned to the Club at or before the conclusion of the prize presentation
12. Club Activities
- 12.1. Members must obey the law in all club events (including club runs) and when racing obey the rules of the relevant organising body
  - 12.2. Club runs and tours shall be under the supervision of the club captain or (in his/her absence) by a substitute leader and shall be in accordance with such rules or regulations approved by the Committee
  - 12.3. All riders shall use a working rear LED light in Club evening time trial events
  - 12.4. All riders must wear a cycling helmet that meets European safety/manufacturing standard CE EN1078 (or such other safety standard which supersedes that Standard) on all official club runs
  - 12.5. All racing fees for club events shall be paid before the competitor is allowed to start
13. These Rules may be amended at a general meeting of the Club by two-thirds of the votes cast but not to alter its purposes unless the procedure set out in Clause 14 below has been followed
14. The Club's Purposes in Clause 2 above may be changed to include another eligible sport if supported by the unanimous agreement of the Committee and 75% of votes cast by members
15. Winding Up of the Club
- 15.1. Members may vote to wind up the Club if not less than 75% of those present and voting support that proposal at a properly convened general meeting
  - 15.2. In the event of such a decision the Committee shall be responsible for the orderly winding up of the Club's affairs and disposal of assets
  - 15.3. After settling all liabilities of the Club the net assets shall be disposed of to such other club, charity or organisation having similar sports purposes as the Committee shall in its reasonable decision think fit

## Club Regulations

### Safety

The Club advises:



1. Members should have 3<sup>rd</sup> party insurance offered through the CTC (Cyclists' Touring Club) or BC (British Cycling) or other similar organisation
2. Members should not wear earphones, or similar when riding
3. Members participate in all Club events (including club runs) at their own risk and parents/guardians of children under the age of 16 years should ensure the safety of children under their care

## Club Runs

1. The Club shall organise a variety of club runs depending upon the Club's membership but members should recognise it is impracticable to cater for every individual need
2. Instructions from the Club Captain shall be obeyed by all participants
3. Riders shall use mudguards during winter months and in particular during the period October-February

## Club Racing

1.
  - 1.1 The Club may offer 'block' payment at a discount to 1<sup>st</sup> claim members for evening 7-mile and 10-mile leagues and for championship events and all members riding the Club's 7-mile and 10-mile leagues shall be eligible for awards, whether they have 'block' pre-entered or otherwise
  - 1.2 Block entry forms for Club Championship events may be submitted to the Racing Secretary, riders giving their best times at each distance (where relevant) in place of a standard CTT entry form; riders shall advise the Racing Secretary of any improvement in their times at least 3 days before a relevant event is held
2. In the case of 7 and 10 mile leagues a standard CTT entry form must be received by the Racing Secretary at least 7 days prior to the start of the first event in each league accompanied either by the fee for block entry or the fee for the first event being ridden; later entries may be accepted but any even ridden prior to receipt of the entry form will not count towards the league award; members not submitting an entry form may ride as a private trial
3. Where entry to a Club evening event is over-subscribed the Racing Secretary may select competitors based upon the following categories (in order of preference):
  - 3.1 1<sup>st</sup> claim members having pre-paid entry fees
  - 3.2 Other 1<sup>st</sup> claim members
  - 3.3 2<sup>nd</sup> claim members
  - 3.4 Other riders wishing to ride a private trial
4. Where a Club championship is held in conjunction with another event an additional entry form for the Championship (together with payment) should be sent to the Racing Secretary at least 7 days prior to the start of the event where no block entry form has previously been submitted
5. Club Racing events (and awards) shall include:
  - 5.1 Championship events for time trials, cyclo-cross and road racing (either as 'standalone' events or to be held in conjunction with other events nominated by the Committee)

To promote, encourage and support cycling; both recreational and competitive in Sleaford and the surrounding area.



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5.2 Short distance (7-mile) and 10 mile time trial leagues run throughout the season

5.3 Best All Rounder and Points awards

5.4 Riders should submit their BAR claims including times and a copy of the official results sheet to the Racing Secretary before 31<sup>st</sup> October in each year.